NEWSLETTER - Term 2 Week 2

What's coming up...

13th, 14th & 15th May
NAPLAN for Years 3 & 5

Friday 16th May
PSSA Zone Cross Country at Wolumla

18th, 19th, 20th May
SCLC Music Camp

Wednesday 21st May
Stage 3 Rugby League Gala Day

Thursday 22nd May
K1F Assembly 9.15am in hall

Monday 16th June – Friday 20th June
NAIDOC Week Activities

Tuesday 24th June
Bega Valley Public School Athletics Carnival

Fun, fun, fun and more fun...

There is so much for the children to enjoy about school this term. There are lots of interesting lessons being planned and taught which engage all children in their learning in a fun way. These lessons aim to cater for children's different levels of understanding and ability.

Outside the classroom there are outdoor games and indoor games for the children to participate in. I have been on recess duty down the backfield and at times there has been three extra teachers down there, engaging the children in soccer, football, kicking balls and exploring the beautiful environment that is our school.

Judging by the smiles on our children's faces, they are having a good time inside and outside the classroom this term.

NAPLAN
Next week, from Tuesday to Thursday (inclusive) NAPLAN assessments will take place at our school for all year 3 and 5 students. These assessments will take place in the mornings and continue up until lunchtime (on some days). Language (Grammar) and Writing will be administered on Tuesday, Reading on Wednesday and Numeracy on Thursday.

The purpose of these National assessments is to identify areas of strength and areas for development in whole school and individual programs. Our emphasis is on the children trying their best, so that our results are accurate and give us the best possible information for the planning of future teaching and learning programs.

Mark Farrell

YEAR 6 - BABY PHOTOS

All year 6 students need to bring in a baby photo to their class teacher for scanning, so they can be included in the End of Year movie. Photos will be scanned and returned to students that day. They will be treated with the utmost care. Thanks,

Ms Newton

Mr Mark Farrell – Acting Principal
21 Auckland Street BEGA NSW 2550 • PO Box 667 BEGA NSW 2550
• Phone 02 6492 1280 • Fax 02 6492 3965
Email begavalley-p.school@det.nsw.edu.au
Please note that starting from 5th June the new WINTER OPENING HOURS for the Uniform Shop at Bega High School will be 8.30am—2.30pm until further advised. Any enquiries please phone 0417 028 864.

FOUND - BHS Shorts
Found one pair of Size 10 Bega High School shorts at the front of our school in the drop off area. If they are yours please contact the school office.

FSC PSSA Hockey team which competed in Unanderra this week and includes Zoe, Madison and Sarah from our school, well done girls. Special congratulations to Sarah who was selected as part of the South Coast team to compete at Narellan from 17-19 June 2014.

Head Lice Over the past few weeks we have had quite a few cases of head lice. Over the holidays could you please check your children for head lice and take the appropriate action in rectifying this problem. Impetigo or school sores or small red spots which change into blisters and are usually found on the hands, face and scalp. If your child has these symptoms please see your Doctor as treatment is required. Head Lice is common in every school and your ongoing help in manag-
Removing head lice and nits

At a glance:

- Head lice and nits only live on human heads.
- They don’t care if the hair is long or short, clean or dirty.
- Head lice are an unavoidable fact of life for all school-aged kids.
- The best and cheapest way to remove them is with inexpensive conditioner and a nit comb.
- You will need to re-treat your child several times before all the eggs will be gone.

Nitbusters’ myth busters

- Kids with head lice can’t always scratch. The only way to rule out infestation is to look carefully through your child’s hair.
- Head lice are only found on the human head.
- Head lice and nits live in long, short, curly, straight, clean or dirty hair.
- They are not found on family pets.
- Shaving your child’s head is radical and unnecessary!
- Head lice don’t leap or jump. They crawl from hair to hair, from one head to another.
- Treating anything other than the human head does not get rid of head lice.
- There is no way to prevent your child from getting head lice.
- You may be able to help reduce transmission by tying girls’ hair back and braiding it.
- Never use insecticides, methylated spirits or kerosene on your child’s head.
- Some essential oils, including tea tree oil, can trigger a reaction in some people. Tea tree oil is a proven treatment, but its effectiveness as a head lice treatment has not been demonstrated.
- You don’t need to use an expensive commercial product.
- If you do decide to use a commercial treatment on your child’s head, read the instructions very carefully.

Mention head lice and most of us instantly develop an itch. You’ll find these little critters at every school across Australia – and probably the world – at some point during the year.

Steps:

1. Sit your child on a chair or stool in front of you. Wrap a towel around their shoulders to catch conditioner spill. (You may want to put a video or TV show on, as this process can take a while.)
2. Apply a cheap, pale coloured conditioner generously to your child’s hair. Work it through to coat every strand of hair. For long hair, it may be easier to tie one side of the hair off and work in sections.
3. Head lice breathe through small openings along their abdomens. By coating the hair and therefore the lice in something thick and sticky, these openings close over, shutting down the louse’s breathing for about 30 minutes – long enough for them to stay still and be combed out.
4. After you’ve applied the conditioner, use a large comb to part small sections of the hair, starting from the nape and working upwards towards the crown.
5. When the hair is detangled and manageable, use a fine lice comb and run through each section several times. Eggs are often found behind the ears and on the back of the head. By combing from the bottom of the back of the head up, towards the top and front of the head, you’re more likely to find the head lice.
6. After each comb out, wipe the conditioner on the paper towel. (Your child has head lice, you will see them on the towel (they’re a little like small, brown, chia or sesame seeds.)
7. Keep combing each section of hair until no further lice or eggs appear on the paper towel. Often you will see lots of old egg casings that may take a while to remove.
8. Once you have combed and re-combed each section of hair, either repeat or let it back if it’s long enough.
9. Head lice often congregate on the crown of the head, so it’s not until you reach these last sections of hair that you’ll find adult lice. However, heads that are severely infested will have adult lice everywhere.
10. Repeat at least twice over the next few days, until you can’t find any more in the conditioner. You’ll never be able to get all the head lice and eggs out the first time. However, in the days after your first treatment, the eggs will hatch and you’ll be able to catch the crawling nymphs (young lice).
CA T E E N  N E W S : -

I M P O R T A N T  C A N T E E N  N O T E :  The Canteen is only open on Wednesdays and Fridays.

D e a r  P a r e n t s / C a r e r s ,  S T E W A R T  H O U S E is a charity that has supported Bega Valley Public students and other public school children. We are now asking for a small donation to assist Stewart House in order that this support can continue. Donation envelopes were sent home last wee with the newsletter, we have spare envelopes at the School Office if you have misplaced yours.

Donation/envelopes need to be returned to the School Office by tomorrow Friday 9th May 2014 which is Stewart House Day. All entries of a $2.00 coin donation go in the draw for a chance to win a $4000 Family Holiday organised through Diploma World Travel. Thanks for your continued support.
BEGA PRE-SCHOOL

Come to the Bega Preschool car-boot sale, on Saturday 10th May at the Bega Showgrounds. 20 + sellers, BBQ, cake stall, coffee van, jumping castle and face painting. Gates open 8:30am. See you there! Sites still available, please call Tanya on 0421 806 471.

SECOND HAND UNIFORMS FOR SALE

- 1 X pair School pants (Size 10) $10.00
- 1 X pair School Shorts (Size 10) $8.00
- 1 X School shirt (Size 10) - button missing $5.00

Phone Michelle 0488 225 204

UNDER OUR SKIN, LOCAL TICKS, LYME DISEASE

LOCAL TICKS carry BORRELIA, the bacteria that causes LYME DISEASE

LYME DISEASE cases have been reported in the BEGA VALLEY

Join us for an information session and screening of the award winning documentary, UNDER OUR SKIN, which exposes the hidden story of LYME DISEASE. (This documentary is not suitable for primary aged children).

When: 7pm Saturday May 17, 2014
Where: Bega Valley Public School Hall
Entry: Gold coin donation

World Wide Lyme Awareness Project 2014

2013-2014 Family Energy Rebate

$125* TOWARDS ENERGY BILLS

APPLY ONLINE NOW!

DON’T MISS THE DEADLINE!

Apply before 5pm Friday 13 June 2014

FOR MORE INFORMATION & ASSISTANCE
PHONE - Service NSW 13 77 88
EMAIL - fen.program@trade.nsw.gov.au

2 MINUTES TO FILL IN A FORM
* eligibility criteria apply
Getting Your Newsletter By Email

Name: ________________________________

Email Address: ________________________________

Please return to the school office.

Absentee Note Bega Valley Public School:

My child/ren __________________________________________ of Class/es _________________________ were absent on:
________________________________________________________________________________________

Please tick box where appropriate.

☐ Sick ☐ Family Leave ☐ Appointment

Details: ________________________________________________________________

Signed: ________________________________ Date: ________________

Change of address or phone numbers

Student Name/s: ____________________________________________________________
Residential Address: _________________________________________________________
Mailing Address: ____________________________________________________________
Contact Name: _____________________________________________________________
Relationship to student: _____________________________________________________
Phone (Home): _____________________________________________________________
(Work): _____________________________________________________________________
(Mobile): _________________________________________________________________
Emergency Contact Name: _________________________________________________
Emergency Contact Phone Number: _________________________________________

Great Expectations              Great Attitude              Great Opportunities