What’s coming up...

Friday 21st March—Friday 28th March
Swimming for sport years 3-6

Thursday 20th March
120 Assembly for K-2 at 9.15am

Friday 21st March
AFL Paul Kelly Cup

Tuesday 1st April
School Photos. Photo envelopes will be sent home on Monday for return on photo day. Packages range from $33 - $29.00, with Portrait or Group only $20 Family $15-$20

Thursday 3rd April
12M Assembly for K-2 at 9.15am

Wednesday 9th April
P & C Easter Egg Hunt 5.30pm-7.30pm

Friday 11th April
Anzac Assembly at School at 9.20am

SCHOOL PURPOSE

We have been talking to many groups (teachers, support staff, office staff, parents and students) in our school community about the purpose of our school. They have identified key words or concepts which are important to them. I put these thoughts into a program which then came up in a bold display, the most identified ideas across the school. These ideas were then put into the following purpose statement:

To create a purposeful, stimulating, supportive, inclusive environment where successful, creative and responsible learners achieve excellence.

This is the first step in reviewing what we do in the school, with a view to improve our practices and ultimately get the best possible outcomes for all our students. I will explain this first step and where we go from here at the next P&C meeting at 7pm on the 1st April in the school library. Thank you for your great contributions in this important fact finding mission.

SCHOOL FUNDING AND PROGRAMS

School funding is based on accurate information provided to us by families and carers. It is especially important to have, updated, correct education and employment details because without these we will not receive the funding to run many of our student learning programs. The school will be in contact with families in the near future, asking you to correct or supply more details about education and occupation. This information is kept confidential and is not transferred to any other source but goes into data collection for

Mr Mark Farrell – Relieving Principal
21 Auckland Street BEGA NSW 2550 ▪ PO Box 667 BEGA NSW 2550
▪ Phone 02 6492 1280 ▪ Fax 02 6492 3965
Email begavalley-p.school@det.nsw.edu.au
the purpose of identifying student needs and informing the department so we can maximise funding for our school. If you believe your circumstances have changed, please advise the school so we can update our records. Or, if you would like to check your details for accuracy, please contact the office and we would be happy to discuss this with you.

Mark Farrell
Acting Principal

SCHOOL PHOTOS  The School Photo envelopes will be sent home on Monday, so please check your child’s bag. Envelopes are to be completed and returned with relevant payment ON PHOTO DAY, Tuesday 1st April. If due to family circumstances you require an additional photo envelope, please contact the school office. Anyone wishing to have a family photo taken will need to collect a family photo envelope from the School Office.

Head Lice and Impetigo (School Sores)
Over the past few weeks we have had an increase in these two common school problems - head lice and Impetigo.

Could you please check your children for head lice and take the appropriate action in rectifying this problem. Impetigo or school sores or small red spots which change into blisters and are usually found on the hands, face and scalp. If your child has these symptoms please see your Doctor as treatment is required. Your child is required to be kept at home until treatment starts, and the sores should be covered with a watertight dressing. Careful washing of hands will help prevent the sores from spreading.

These ailments are common in every school and your ongoing help in managing them is appreciated.

Bega High School Year 6-7 Transition Activities
Over the last few weeks of term 1, staff and students from Bega High School will be providing a range of activities to support students in years 5 and 6 as well as their parents. Don Green, year 7 adviser 2015, along with Mark Freedman, Head Teacher Student Welfare and a number of current year 7 students will visit schools to meet students, talk about the transition to High School and answer questions.

There will also be opportunities for parents to meet Don and Mark and learn more about the next 12 months and beyond. Information sessions will be held at Cobargo Public School on Monday March 31, Bega High School on Wednesday April 2 and at Candelo Public School on Thursday April 3. These sessions will begin at 5.30 pm and should last around an hour.

On Tuesday April 8, all students considering coming to Bega High School and their parents are invited to come along for a guided tour of the school. This will commence in the school hall at 4pm and will be completed by 5pm.

Anyone seeking further information about these activities can contact Mark Freedman at Bega High School on 64929000 or at mark.freedman@det.nsw.edu.au.
Rego day for Bega Tathra Mini Soccer is being held this Saturday the 15th at the Bega Hockey fields, and Tathra country club.

Rego fees are $40 per child of $80 per family. For further enquires please contact Karen on 0477 054 482

CACTEEN NEWS:-

Canteen Roster

Dear Parents

There are still vacancies for volunteers to help in the School Canteen. Perhaps you could volunteer a few hours on a Wednesday or Friday to help with food preparation or with serving during our Recess and Lunch breaks.

Why not join the team and meet other parents and grandparents. The children also get a thrill seeing their parents and grandparents helping out.

Please contact Sheryl Bartlett (Canteen Coordinator) tel. 64924729 to discuss your availability and the assistance you could offer.

Call into the Canteen and see how easy it is to be a volunteer.

IMPORTANT CANTEEN NOTE: The Canteen is only open on Wednesdays and Fridays.

“Bega District Netball Association is pleased to advise competition for all age groups will be commencing Saturday 3rd May.

Once again our club will be hosting the exciting Nationally accredited Net Set Go program for 6 – 10 yr olds. This program will also commence on May 3rd. The Net Set Go program will focus on teaching our younger members basic skills. There will also be match play in a non-competitive environment with the emphasis on having fun and meeting new friends. All participants will receive a free promotional bag filled with wonderful goodies including a netball. Want to give it a go? Why not come down to our FREE Come and Try Day to be held 29th March. Open to all children aged between 6 and 12 yrs of age (including existing members) this is a great opportunity to see what the Net Set Go Program and junior netball is all about. Bring along a friend and don’t forget your water bottle, sunscreen and joggers. For more information email us on: beganetball@hotmail.com or phone our registrar, Cathy Johnston on 64923987

Registration day for all age groups, including opens, will be held in conjunction with the Come and Try Day on March 29th at the Bega courts from 10am – 12pm. Registration fees are payable on the day with direct deposit options available for your convenience. Please contact us on the above contacts for more information.”
Hello everyone,

The P & C held its Annual General Meeting last week and elected the office bearers for 2014. They are:
President - Genevieve Derwent  
Vice-president - Courtney Collins  
Secretary - Sharon Walker  
Treasurer - Sally Benedyka

We're very excited about the year ahead and we hope you can be involved.

The next P & C meeting is on Tuesday 1 April, 7pm in the Library. At this meeting we will be developing a fundraising plan for the year - events and targets. We'll also be discussing what we want to spend the money on. Some of the wonderful ideas already floating around include a kitchen to compliment our school's vegetable garden, new playground equipment and some playground improvements that may involve turning a section of the playground into a sensory garden. A sensory garden would enhance our children's experience of school and would provide a special space accessible to all students. If you're wondering what a sensory garden is, here are a couple of web links that help explain it:
http://en.wikipedia.org/wiki/Sensory_garden  
http://www.abc.net.au/radionational/programs/bydesign/sensory-gardens/5057698

What ideas do you have for the P&C?
Do you have any fundraising events that you'd like to see happen?

Do you find evening meetings difficult?
If we had some daytime meetings, would it be easier for you to attend?
You don't have to attend meetings to be involved. If you want to help out with specific projects you're very welcome to be involved this way.

Let us know...

The work of the P&C is only limited by the involvement of parents. We have over 200 families at the school. If every family gave 2 volunteer hours a month we'd have a whopping 400 hours of volunteer work pouring into our school. Imagine what we could achieve together!

Next meeting - Tuesday 1 April, 7pm in the school library. Everyone is welcome.

If you want to discuss your involvement in the P&C or in any of our special projects, you can talk to any of the office bearers mentioned above. Or else, give me a call or email - 0400 979 110, genevieve.derwent@gmail.com

Thanks for reading.
Genevieve
Removing head lice and nits

Nitbusters’ myth busters

- Kids with head lice don't always scratch. The only way to rule out infestation is to look carefully through your child’s hair.
- Head lice are only found on the human head.
- Head lice and nits live in long, short, curly, straight, clean or dirty hair.
- They are not found on family pets.
- Shaving your child’s head is radical and unnecessary!
- Head lice do not live on furniture, hats, bedding, carpet or anywhere else in the environment.
- Head lice don’t leap or jump. They crawl from hair to hair, from one head to another.
- Treating anything other than the human head does not get rid of head lice.
- There is no way to prevent your child from getting head lice.
- You may be able to help reduce transmission by tying girls’ hair back and braiding it.
- Never use insecticides, methylated spirits or kerosene on your child's head.
- Some essential oils, including tea tree oil, can trigger a reaction in some people. Tea tree oil is a proven antiseptic, but its effectiveness as a head lice treatment has not been demonstrated.
- You don’t need to use an expensive commercial product.
- If you do decide to use a commercial treatment on your child’s head, read the instructions very carefully.

Steps:

1. Sit your child on a chair or stool in front of you. Wrap a towel around their shoulders to catch conditioner spill. (You may want to put a video or TV show on, as this process can take a while.)

2. Apply a cheap, pale coloured conditioner generously to your child’s hair. Work it through to coat every strand of hair. For long hair, it may be easier to tie one side of the hair off, and work in sections.

3. Head lice breathe through small openings along their abdomens. By coating the hair and therefore the louse in something thick and slimy, these openings close over, shutting down the louse's breathing for about 20 minutes – long enough for them to stay still and be combed out.

4. After you’ve applied the conditioner, use a large comb to part small sections of the hair, starting from the nape and working upwards toward the crown.

5. When the hair is detangled and manageable, use a fine lice comb and run through each section several times. Eggs are often found behind the ears and toward the back of the head. By combing from the bottom of the back of the head up, towards the top and front of the head, you’re more likely to find the head lice.

6. After each comb out, wipe the conditioner on the paper towel. If your child has head lice, you will see them on the towel (they’re a little like small, brown, chia or sesame seeds.)

7. Keep combing each section of hair until no further lice or eggs appear on the paper towel. Often you will see lots of old egg casings that may take a while to remove.

8. Once you have combed and re-combed each section of hair, either re-plait or tie it back if it's long enough.

9. Head lice often congregate on the crown of the head, so it’s not until you reach these last sections of hair that you’ll find adult lice. However, heads that are severely infected will have adult lice everywhere.

10. Repeat at least twice over the next few days, until you can't find any more in the conditioner. You'll never be able to get all the head lice and eggs out the first time. However, in the days after your first treatment, the eggs will hatch and you'll be able to catch the crawling nymphs (young lice).
Getting Your Newsletter By Email

Name: ____________________________________________

Email Address: ______________________________________

Please return to the school office.

Absentee Note Bega Valley Public School:

My child/ren ___________________________________________ of Class/es _________________________

were absent on: ______________________________________

Please tick box where appropriate.

☐  Sick  ☐  Family Leave  ☐  Appointment

Details: ______________________________________________________________________________________

Signed: _________________________________                Date: ______________

Change of address or phone numbers

Student Name/s: ____________________________________________

Residential Address: _________________________________________

Mailing Address: _____________________________________________

Contact Name: _____________________________________________

Relationship to student: _____________________________________

Phone (Home): _____________________________________________

(Work): ____________________________________________________

(Mobile): ___________________________________________________

Emergency Contact Name: ____________________________________

Emergency Contact Phone Number: _____________________________

Great Expectations            Great Attitude           Great Opportunities
FAMILY FUN NIGHT EASTER EGG HUNT

When: Wednesday 9th April 5.30pm – 8.00pm

There will be a range of fun activities and a raffle on the night. Donations of small solid Easter eggs prior to the 9th would be greatly appreciated. Volunteers are invaluable to our school events so if you can donate any time on the night even the smallest amount of time is beneficial to running a successful event.

There will be sausage sandwiches ($2.50), rissole sandwich ($4) and drinks ($2) available to purchase on the night.

However, for catering purposes if you could please indicate how many adults and children will be attending from your family this will greatly assist us:

SAUSAGE SIZZLE CATERING - (payment on the night)

Number of Adults attending __________________

No of Children attending ________________

Number of drinks______________

RSVP by 7th April 2014

EASTER EGG HUNT

The cost of the Easter Egg Hunt will be $4 per child or $10 per family (3 or more children). Pre payment for the Easter Egg hunt would be appreciated.

Enclosed is $4 per child/$10 per family:-

Child’s name________________________________________ Class __________