NEWSLETTER - Term 4 Week 4

What’s coming up...

Friday 31st October
Smooth Start

Friday 31st October
120 Assembly
9.15am in hall

Monday 3rd—Friday 7th November
Stage 3 Jindabyne Excursion

Monday 3rd—Friday 14th November
School Swimming Scheme

Friday 7th November
Kindergarten Orientation
9.30am-11.30am in Hall

Friday 14th November
DVD Orders for “Everything is Awesome” & “Bega the Moosical” are due in by this date

Wednesday 3rd December
Year 6 Orientation Day at Bega High

Social media
Bega Valley Public School is now on Facebook. Our social media presence has been well received with plenty of ‘likes’ and positive feedback.

Search for Bega Valley Public School on Facebook and ‘Like’ us to receive regular updates, information about upcoming events and view classwork.

If you have questions about technology and social media, the Department of Education has a very useful site for parents and community. For more information visit School A-Z NSW or http://www.schoolatoz.nsw.edu.au/zh/technology/technology-az

School Swimming Scheme
Swimming begins NEXT WEEK, on Monday 3rd November. Could any permission notes that have not yet been returned be sent to school tomorrow, Friday 31st October.

Remember to bring swimmers, towel, underwear (if wearing swimmers to school), sunscreen and money, $3 for the bus and $3 for the pool, each day.

DVD Orders for Kindergarten to Year 2 “Everything is Awesome” and Year 3 to Year 6 “Bega the Moosical”.

Notes were sent home last Friday for anyone wishing to place an order for the above DVD’s.

Orders and including payment need to be sent in to the office by November 14th.

Mr Mark Farrell – Acting Principal
21 Auckland Street BEGA NSW 2550 • PO Box 667 BEGA NSW 2550
• Phone 02 6492 1280 • Fax 02 6492 3965
Email begavalley-p.school@det.nsw.edu.au
CANTEEN NEWS:-

Our School Canteen relies on the continued support of our volunteer Parents, Grandparents and Carers. Sheryl (Canteen Manager - Phone 64924729) is requesting Volunteers to put their names down for next year. Without Volunteers our Canteen could not operate. Our Canteen is open Wednesdays and Fridays. Any amount of help is appreciated. A full day or an hour at school drop off. If you would like to put your name down please contact the school office. Thankyou.

IMPORTANT CANTEEN NOTE: The Canteen is only open on Wednesdays & Fridays.

Building healthy habits

Treats for special occasions

Food is an important part of special occasions for everyone and should be enjoyed. Your child may be invited to a party with lots of foods high in fat and sugar or to a meal at a fast food restaurant. These meals will do no harm as long as they are only eaten occasionally. But remember, children’s parties don’t need to be filled with junk food to be fun. Try to include some healthy foods as well. Here are some suggestions:

- pretzels
- mini pizzas
- fruit platters
- fresh berries
- finger sandwiches
- low-fat mini fruit muffins
- homemade popcorn
- slices of watermelon
- frozen orange wedges
- hummus and pita bread
- cheese cubes and crackers
- vegetable sticks and rice crackers with dips
- toasted Lebanese bread in place of corn chips and crisps
**Bega MRL Junior Touch Footy Comp**

Cost: $25 per/person  
Place: Bega Valley Public School oval  
Start Date: 3/11/14  
Comp runs for 8 weeks, with the last game played on the 15th of December. Age divisions from 6 up to 14. Younger age groups will start between 4 and 4:30 and older groups will start 4:30 and 5pm (dependant on numbers) No need for team registration, Children will be placed into even numbered team’s, and will be asked to wear a particular coloured shirt depending on which team they are placed in. Everyone is welcome, this is hoping to be a great introduction to Touch Footy for all our local kiddies for more info contact Trudi on 0428172672  
Hope to see you all next week.

**TATHRA UNITED FOOTBALL CLUB**

**Six A-Side Summer Competition 2014-15**

**2 WEEKS to KICK-OFF!!!**

**Wednesday November 5th - 5:45pm**

*Step 1)* Get online and **register yourself now @ www.myfootballclub.com.au** - $70 per player

*Step 2)* Every team to **nominate a captain** to liaise with the club on competition matters (Unplaced individuals will be assigned a team)

*Step 3)* **Email the Registrar** (Chris Fantham) the following details:

- a) team-name  
- b) team-members  
- c) grade preference (competitive or non-competitive)  

Chris Fantham  
Ph. 6494 1097  
tathraunitedfootballclub@gmail.com

- All players must be 14yo+  
- Only 15yo+ permitted to play A-Grade  
- No Pay - No Play
Kinder Orientation

WHEN: Friday 7th November 2014
TIME: 9:30am – 11:30am
WHERE: Take your child/children starting kindergarten to the Kindergarten classrooms. Parents will then walk to the School Hall for an Information Session with the Acting Principal, Mr Mark Farrell.

Fruit will be provided for your child/children by the school but could you please pack some morning tea so they can experience a ‘little lunch’ at school with the other K-2 children.
A morning tea for the parents will be provided by the school, so you can share the ‘little lunch’ experience with your child.

Please bring the Smooth Start surveys with you to Orientation. This gives the teachers’ a better understanding of your needs in regard to Smooth Start and the best placement for your child in 2015.

Also the P&C are giving every child a new school hat. These will be given out when your child comes to school for their Best Start Assessment prior to starting school in 2015. A letter will be sent to you with further information about the Best Start Assessment.

Looking forward to seeing you and your child/children on Orientation day!
Mark Farrell
Acting Principal
## Bega High School & Bega Valley Public School

**Phone 0417-028-864**

**Uniform Shop Special Opening Times 2014-2015**

### December 2014

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### January 2015

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Then every Thursday during the school term **8.30am - 4.00pm**

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Daylight Sportswear Pty Ltd  
35 Garema Circuit  
Kingsgrove NSW 2208  
Phone: 02-9758-5568  
Fax: 02-9758-5566  
Email: daylight@daylightcorp.com

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Price List/Order Form on the back  
Mastercard and Visa accepted  
EFTPOS now available  
No personal cheques - cheque accounts are accessible through EFTPOS facility
Getting Your Newsletter By Email

Name: _________________________________

Email Address: _________________________________

Please return to the school office.

Absentee Note Bega Valley Public School:

My child/ren ___________________________________________ of Class/es _________________________ were absent on:

________________________________________________________________________________________

Please tick box where appropriate.

☐ Sick  ☐ Family Leave  ☐ Appointment

Details: __________________________________________________________________________________

Signed: _________________________________  Date: ________________

Change of address or phone numbers

Student Name/s: ________________________________________________________________

Residential Address: _____________________________________________________________

Mailing Address: _______________________________________________________________

Contact Name: _________________________________________________________________

Relationship to student: _________________________________________________________

Phone (Home): ________________________________________________________________

(Work): _________________________________________________________________

(Mobile): _________________________________________________________________

Emergency Contact Name: ______________________________________________________

Emergency Contact Phone Number: _____________________________________________