### NEWSLETTER - Term 1 Week 10

<table>
<thead>
<tr>
<th>What’s coming up...</th>
<th>CREATING RESPONSIBLE CHILDREN PARENTING WORKSHOP</th>
<th>This is all about creating responsible children. Graham’s sessions always rate very highly with parents and the take home strategies work immediately!</th>
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</thead>
<tbody>
<tr>
<td><strong>Thursday 4th April</strong></td>
<td><strong>PRESENTED BY GRAHAM PARRY</strong></td>
<td><strong>Parenting Workshop</strong> <strong>Psychologist</strong></td>
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<td>AFL 3/4 Gala Day</td>
<td>Parenting is hard work. It seems to be getting harder and parents are feeling like they are fighting their children just to get the simple things done let alone the difficult things.</td>
<td>Our school will be offering this workshop to all parents on 10th April at 6pm. We will put on a video and a light dinner for the kids whilst you talk with Graham until around 7:30pm. Please contact the office if you would like anymore information and register your interest on the attached form at the end of this newsletter.</td>
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<td>(All Year 3/4 attending)</td>
<td>Ask parents what they want in their children and they will say they want happy, respectful, capable and resilient children who will be well equipped to find their way in the world. In most cases they are well on the way to achieving this but at home the same children manage to act in just the opposite way. This talk is designed to change all that. This is about practical and easy strategies that can be used at home to get kids to behave for you like they do when they visit somewhere else. Yes: those friends who tell you what wonderful kids you have. It's not a dream. It can happen. Come along, bring a list of things you would like to change and hopefully leave empowered to go home and shift the balance back in your favour without all the emotion.</td>
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<tr>
<td><strong>Friday 5th April</strong></td>
<td><strong>Thursday 11th April</strong></td>
<td>School Dates</td>
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<tr>
<td>56M Assembly</td>
<td><strong>Anzac Assembly</strong></td>
<td><strong>School finishes on Friday 12th April 2013 with the students returning on Wednesday 1st May 2013.</strong> This year there are two Staff Development days at the beginning of term as the Department of Education prepares for implementation of the National Curriculum in 2014.</td>
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<tr>
<td>9.15am - Cross</td>
<td></td>
<td><strong>Mr Troy Mott – Principal</strong></td>
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<td>Country Ribbons will be given out at this Assembly</td>
<td></td>
<td><strong>21 Auckland Street BEGA NSW 2550 • PO Box 667 BEGA NSW 2550</strong></td>
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<tr>
<td><strong>Friday 12th April</strong></td>
<td></td>
<td><strong>• Phone 02 6492 1280 • Fax 02 6492 3965</strong></td>
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<tr>
<td>12E Assembly</td>
<td></td>
<td><strong>Email <a href="mailto:begavalley-p.school@det.nsw.edu.au">begavalley-p.school@det.nsw.edu.au</a></strong></td>
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<tr>
<td>9.15am</td>
<td></td>
<td><strong>Excellence</strong> <strong>Innovative</strong> <strong>Creativity</strong> <strong>Success</strong></td>
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<td><strong>Last Day Term 1</strong></td>
<td></td>
<td><strong>Bega Valley</strong> <strong>PUBLIC SCHOOL</strong></td>
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<td><strong>12th April 2013</strong></td>
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<td><strong>Great Expectations, Great Attitude, Great Opportunities</strong></td>
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<td><strong>Term 2 Students return to School</strong></td>
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<td><strong>Bega Valley</strong> <strong>PUBLIC SCHOOL</strong></td>
</tr>
<tr>
<td><strong>Wednesday 1st May 2013</strong></td>
<td></td>
<td><strong>Great Expectations, Great Attitude, Great Opportunities</strong></td>
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**VISITING PERFORMANCE FEE**
This year we will be offering additional learning opportunities for our students through four interactive performances - Life Education Van, Musica Viva, Dangerous Australians, Hip Hop Dance program. As an alternative to four separate payments we are asking for a one off payment of $25 per student. The cost has been substantially subsidised so no family discounts apply. As the Hip Hop program starts in Week 2 of Term 2 we would appreciate payments by Week 1 Term 2. If you have difficulty in making this payment please contact the office.

**Colouring In Competition Winner**
Congratulations to Chelsea Beveridge who won the Colouring In Competition at the Bega Newsagents. Well done!!

**ANZAC ASSEMBLY THURSDAY**
All are welcome to attend our K-6 ANZAC Assembly this coming Thursday at 9.15 am. We have a special guest speaker, Allen Collins who will share his story about what it was like to be soldier.

Our school will also be marching in the local ceremony on the 25th April. We encourage all BVPS students to help commemorate ANZAC day by joining in on the march. Children are to wear their full school uniform and meet out the front of Club Bega at 10.30 am.

**Emergency Evacuation and Lockdown Drill**
We are required to practise these procedures each year in the case of an emergency at our school. We will be doing this over the next week so if your child tells you they were evacuated from their class rest assured it is only a practise.

**Aboriginal Meeting yesterday**
Thanks to all the parents and family members from our Aboriginal community who attended the BBQ yesterday afternoon. We enjoyed the conversations which we had and look forward to continuing to work with you over the coming weeks, months and years.

**AFL NSW/ACT Ambassador of the Year 2012 South Coast (Primary School Winner)**
Phil Jackson
Congratulations to Mr Jackson for this great achievement. He will be receiving his award at tomorrow's assembly.

**Using signing to communicate**
At our school we have a small number of students who use signing to communicate how they are feeling and their needs. Our students are beginning to learn this in order to help them support these students. We are would like to put in a sign each week for parents to learn some of these communication techniques. This week's sign is;

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**Great Expectations**
**Great Attitude**
**Great Opportunities**
5/6M will be singing a song at Friday’s assembly. Learn the lyrics and come sing with us!

You’re a penguin (to the music ‘What Makes You Beautiful’ By One Direction)

VERSE 1
You’re on the shore, don’t know what for.
Your feathers flap, when you walk through the door
Don’t need more fish, to make you swish
We all know that fish are deliiish

Everyone else in the snow can see it.
Everyone else but you-oo

CHORUS
Penguin you swim in water like nobody else
The way that your flippers flip gets me overwhelmed
But when you slide on the ground it ain’t hard to tell
You don’t know oh-oh!
You don’t know you’re a penguin.

If only you saw what I can see
You’ll understand why I want you so desperately
Right now I’m swimming to you I can’t believe
You don’t know oh-oh!
You don’t know you’re a penguin in-in!
That’s what makes you a penguin.

VERSE 2
I s-s see in the sea
a seal and its looking straight at me ee-ee
It’s a fool but kinda cool.
And its chasing a fish sch-oo-oo-ool.

Everyone else on the ice can see it
everyone else but you oo.

CHORUS
Waddle x5 Waddle x3 waddle x5 waddle x3

CHORUS x 2

Penguin you swim in water like nobody else
The way that your flippers flip gets me overwhelmed
But when you slide on the ground it ain’t hard to tell
You don’t know oh-oh!
You don’t know you’re a penguin.
That’s what makes you a penguin
That’s what makes you a penguin
Permission for Photos at school
At our school the children complete many activities using technology and often produce work or images electronically.

We are currently reviewing our website and would like to user more of this style to make a website valuable for parents to visit.

CANTEEN ROSTER:

Friday 5th April  
Kerrie Wheatley  
Susan Bassett  
Alison Randall

Monday 8th April  
Mel Bonney  
Cath James

Thanks to all volunteers.  
Trish Warby

IMPORTANT CANTEEN NOTE:  
The Canteen is only open on Mondays and Fridays.

Violin Lessons
We are lucky to have a violin teacher offering to work with our students.

They will be working on Fridays in term 2.

If you would like your child to have a go at playing the violin please contact Mr Bennett at the school. The school has violins for the children to use so all that is needed is a desire to learn to play this instrument.

Newsletter via Email
As emails become more and more part of daily lives it may be more convenient for you to receive our weekly newsletter via email. Please email the school via;

begavalley-p.school@det.nsw.edu.au

if you would like to take up this option

LOST GLASSES
Lost at school - Blue Dolphin Glasses Case, with pink and black reading glasses in it. If found please contact Office.

LOST KITTEN
11 MONTH OLD BLACK AND WHITE KITTEN “Lilly” Lost Spindler Street area 0434257341 reward offered
Dear Parent/ Caregiver,

14/3/13

We are seeking your permission to publish information about your child/family members for the purposes of sharing his/her/your experiences with other students, informing the school and broader community about school and student activities and recording student participation in noteworthy projects or community service.

This information may include your child’s name, age, class and information collected at school such as photographs, sound and visual recordings of your child, your child’s work and expressions of opinion such as in interactive media.

The communications in which your child’s information may be published include but are not limited to:

- Department websites of the Department of Education and Communities including the school website, blogs and wikis.
- Department of Education publications including the local newspapers, school newsletter, annual school magazine and school report, promotional material published in print and electronically including on the Department’s websites.
- Official Department and school social media accounts on networks such as YouTube, Facebook and Twitter.
- Publishing school events, activities, etc on BVPS website. Showing what, how, when your child/class/school have been participating in.
- Publishing photos could include your child individually, group, class or as in the background.
- Publishing photos with you as a parent in the shot, assisting at the school, with you observing or with your child or other children.

Parents should be aware that when information is published on public websites and social media channels, it can be discoverable online for a number of years, if not permanently. Search engines may also cache or retain copies of published information. Published information can also be linked to by third parties. We would greatly appreciate if you could sign the attached permission as we currently updating our website and would like to see the great work that each and every child does is published.

Yours sincerely

Troy Mott
Principal

Permission to Publish

I have read this permission to publish and:

Tick the appropriate box

☐ I give permission ☐ I do not give permission

to the school/Department of Education and Communities to publish information about my child as described above, including in publicly accessible communications.

This signed permission remains effective until I advise the school otherwise.

Child’s name ____________________________________________ Class __________________________

Parent/carer/caregiver’s name __________________________________________________________

Parent/carer/caregiver signature ____________________________________________ Date __________________________
YOUTH WEEK ART SKILLS WORKSHOPS

Linocut ‘Adrift’ Arone Meeks
Explore design and printing techniques with artist Tanja Riese
and make original small artworks --- POSTCARD size.
Two FREE art skills workshops will be run as part of Youth Week
at Old Bega Hospital sponsored by Spiral Gallery.

Workshop 1 : Printing using linocuts on Saturday 6th April from 10 to 3 pm
Workshop 2 : Solar Plate Printing on Saturday 13th April from 10 to 3 pm
All materials will be supplied with a maximum of 15 participants per workshop
Age range 12 – 24 years.
Create works you can enter in Spiral Gallery’s POSTCARD Exhibitions
to be held in June 2013 at Spiral Gallery. Over 350 entries were received
in 2012 and we are hoping for an even bigger exhibition in 2013.
The exhibition will have a youth category with prizes awarded.

BOOK NOW at Spiral Gallery, 47 Church St Bega to secure your spot.
Call 02 6492 5322 or register at the gallery
Open Mon- Fri 10 – 4  Sat 10 - 1
Email : spiralgallery@southernphone.com.au
www.spiralgallery.org.au

Bega Vacation Care Program
is taking bookings for April School Holidays 2013 for children who currently attend or have enrolled in school.
The program begins Monday 15th April and runs until Friday 26th April, 2013.
Hours of operation are 8.00-5.30pm daily. Final day CLOSES 5.00pm Friday 26th April. Please make your bookings using the new bookings system by Thursday 4th April 2013. Please give as much notice as possible of cancelling books, as we usually have a waiting list to address. Contact Bandara Children’s Services for booking forms on 64924360.
fLiNG

BOYS ONLY workshop with Matt Cornell Bega Indoor Stadium Monday April 8th
4 to 5.20pm – Boys 7 to 10 years
5.30 to 6.50pm – Boys 10 to 15 years
7pm to 8.30pm - fLiNG Members and Boys 15 yrs and over
COSTS: fLiNG Members FREE Others $20
Bookings Essential – 64920222 or admin@flingphysicaltheatre.com.au

Don't' Miss NEW ADULT DANCE CLASSES
Open Movement Wednesday 9.30am @ Bega Indoor Stadium
Starts May 1st 4 weeks $60 with Mica.
Participants will be taken on an improvisational movement adventure based on progressive, playful and collaborative inclusive practices. These sessions will be filled with movement and dance, building connections with others to create something beautiful.
Dance Starters Tuesday 6pm Tathra Starts May 14th 6 weeks $72
Dance Starters with Veronica will be a class for adults to explore their inner dancer under the tuition of dancer Veronica Valderaama. Explore technique, build strength, align the body, and engage with your core while moving to beautiful music in a supportive environment.
Bookings Essential – 64920222 or admin@flingphysicaltheatre.com.au

BEGA TATHRA JUNIOR SOCCER
Registrations are still being taken for Bega Tathra Junior Soccer. $40 per player or a maximum of $80 per family.
Ages are 5-12 years and attending primary school. Games start 4th May.
Phone Jenny Weber on 64922485 to register now.
Check out the website - begatathrajuniorsoccer.org.au

FREE DENTAL TREATMENT
The School Dental Service operates in the Bega Valley from the Pambula Community Health Centre. Appointments are available for all children from Preschoolers to 17 years of age.
You can access the service by ringing 1800 450 046 with your Medicare Card ready.
The service is orientated to prevent decay by providing early intervention with high priority going to preschoolers. Usually fissure seals and fluoride treatment feature in a child’s treatment plan, reducing the chances of tooth decay.
Children in pain are also treated as a high priority with emergency appointments put aside. Government Teen Dental Plan vouchers are accepted here, encouraging youth to remain in the service.

FOR ALL DENTAL APPOINTMENTS & ENQUIRIES PLEASE TELEPHONE THE ORAL HEALTH INTAKE SERVICE FREECALL 1800 450 046
CREATING RESPONSIBLE CHILDREN PARENTING WORKSHOP
Presented by Graham Parry Psychologist

Graham is a psychologist and District Guidance Officer with extensive experience supporting rural families and children.

I would like to attend the workshop for parents at Bega Valley Public School on 10th April at 6pm.

Parent/Carer Names: .................................................................................................................................

Child/ren’s Name:........................................................................................................... Classes:.................................

Number of Children attending on the night: ............................................................................................

Getting Your Newsletter By Email

Name:...........................................................................................................................

Email Address:.........................................................................................................................

Please return to the school office.

Absentee Note Bega Valley Public School:

My child/ren ____________________________________________ of Class/es _________________________

were absent on:  __________________________________________________________________________

Please tick box where appropriate.

☐ Sick  ☐ Family Leave  ☐ Appointment

Details:....................................................................................................................................................

Signed: _________________________________  Date: ________________

Details:

________________________________________________________________________________________

Sick  Family Leave  Appointment

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